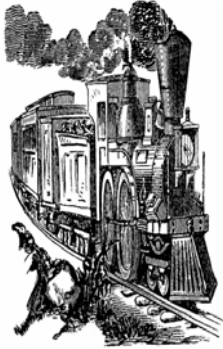


Lifebound Tours



COPPER CANYON

Lifebound Tours will whisk you across the Mexican border and into scenic Sinaloa to begin our ten-day, canyon country adventure. We'll enjoy four days on the train, two motorized excursions into the canyons, three secluded mountain lodges, and two bustling cites. While the rest of the country is bathed in summer heat we will experience pine-scented mountains, tropical thunder storms, and cool canyon trails.

Our fully-escorted, small-group tour will sail on the Pacific Ocean, walk to hidden waterfalls, visit Tarahumara cave dwellings, and follow Pancho Villa's trail. Watermelons, mangos, and papayas will be included on the menu as well as lots of tortillas, beans, and salsa. There will be something for everyone – train buffs and nature lovers, social butterflies and book beetles will all enjoy this expedition.

The nomadic, cave-dwelling Tarahumara Indians are world-famous, cross-country runners. Over their rugged, native terrain they kick wooden balls while running. Meeting these mystical people who retain their ancient religion, language, and dress will be a highlight on this tour.

Join *Lifebound Tours* on one of the world's most exciting rail journeys from Los Mochis on the Pacific to Chihuahua in Mexico's central plateau. The dream of a railroad from Kansas City to a Pacific port, 400 miles closer than San Francisco, took shape in 1885. Eleven American companies, 65 years, and \$100 million later the dream died. The Copper Canyon country of central Mexico had defeated the engineers. Then in 1953 the Mexican government picked up the pieces. Eight years later the project was completed with 86 new tunnels, one more than a mile long, and 39 new bridges, including Mexico's highest.

Our 10-day, fully-escorted Copper Canyon tour costs only \$1950 from either El Paso, Texas; Brownsville, Texas; or San Diego, California; including air fare, train fare, hotels, tours and all meals. Call Rick at (760) 742-3455 or write <lifebound@hotmail.com> or PO Box 700, Fallbrook CA 92088, and reserve your seat today!

Specifics

Group size: 10-20 (first come, first served)

Tour conductor: Rick Marin [CST# 2057883-40]

Required documents: Valid Passport

Contingencies: three days of warm weather travel in small vehicles to the canyons

Payment schedule:

Reservation: \$250 (non-refundable)

4 months prior to departure: \$700

2 months prior to departure: remainder

Reserve before October 31, 2008, for a \$250 discount

Bring a friend and receive a \$100 discount

Single room (if desired) supplement: \$300

Pre-trip cancellation fee: \$500 (insurance available)

Departure: June 17, 2009

Daily Highlights

Day Activity

1 W Meet in San Diego, El Paso, or Brownsville for transfer to the airport on the Mexican side of the border and our flight to the salad bowl city of Culiacan, Sinaloa, where we will proceed by motor coach to tropical Los Mochis for a fruit-laden supper.

2 T Catch the breeze while cruising around lagoons and islands in beautiful Topolobampo bay and savor the music of a mariachi band while nursing a piña colada.

3 F Board the train for a ride on the '*Chihuahua al Pacifico*' railway across fertile lowlands, thorn-tree foothills, and rough mountains to Bahuichivo and descend to our lodge in Cerocahui where we'll be able to enjoy the peace of the wooded countryside.

4 S Relax at our lodge, visit with the locals in town, and venture out by foot or horseback on nearby trails before taking an afternoon bouncing sortee east into '*Barranca del Cobre*' Canyon.

5 S Chug to the top of the grade by rail and look out over the majestic Urique Canyon from our rim-side hotel in Divisadero where Tarahumara vendors will abound.

6 M Ride the rail again for a short journey to Creel and side trips into Indian country to explore mountains, lakes, waterfalls and Tarahumara cave dwellings.

7 T Pile into a motor coach for a full day's outing to the bottom of Batopilas Canyon including a mine tour, a tropical lunch, and a swim in the river.

8 W Travel by train out of the pine forests, past the apple orchards, onto Mexico's Central Plateau for a visit to Ciudad Cuauhtemoc and its Mennonite settlement – butter, cheese, milk, and honey included.

9 T Visit the unique Bolivar Boulevard, the Pancho Villa Museum, and the central market in Chihuahua, capital of Mexico's largest state.

10 F Fly back to the US border and transfer over to your starting point loaded with memories, souvenirs, and a full stomach.